

Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken and Sweetcorn Pasta Bake with Seasonal Vegetables	Langford's Pork Sausages Served with Wedges, Gravy and Seasonal Vegetables	Roast Turkey Served with Roast Potatoes, Gravy and Seasonal Vegetables	Cottage Pie Served with Gravy, Seasonal Vegetables	Cod Fish Fingers Served with Chips, Peas, Baked Beans and Ketchup
VEGETARIAN	Macaroni Cheese (V) with Seasonal Vegetables	Quorn Cumberland Sausage (V) Served with Wedges, Gravy and Seasonal Vegetables	Roast Quorn Fillet (V) Served with Roast Potatoes, Gravy and Seasonal Vegetables	Vegetarian Cottage Pie (V) Served with Gravy, Seasonal Vegetables	Cheese and Potato Pie (V) Served with Chips, Peas, Baked Beans and Ketchup
ON THE SIDE	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar
JACKET POTATO	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise
DESSERT	Lemon Sponge Cake	Shortbread served with Fruit Slices	Vanilla Ice Cream served with Fruit Slices	Chocolate Sponge Cake	Fruity Friday



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta with Sausage in a Tomato Sauce Served with Seasonal Vegetables	Chicken and Sweetcorn Pie Served with Potato Wedges and Seasonal Vegetables	Roast Chicken with Roast Potatoes, Gravy and Seasonal Vegetables	Mild Chilli Con Carne Served with Fluffy Rice and Seasonal Vegetables	Cod Fish Fingers Served with Chips, Peas, Baked Beans and Ketchup
VEGETARIAN	Pasta with Quorn Balls in Tomato Sauce (V) Served with Seasonal Vegetables	Macaroni Cheese (V) Served with Seasonal Vegetables	Roast Quorn Fillet (V) Served with Roast Potatoes, Gravy and Seasonal Vegetables	Cheese and Tomato Pizza (V) Served with Dices Potatoes and Seasonal Vegetables	Mild Vegetarian Mince Chilli (V) Served with Fluffy Rice and Seasonal Vegetables
ON THE SIDE	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar
JACKET POTATO	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise
DESSERT	Banana Traybake	Apple Crumble Flapjack	Vanilla Ice Cream served with Fruit Slices	Chocolate Cookie	Fruity Friday



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bun with Wedges and Seasonal Vegetables	Chicken Pasta with a Cheesy Sauce served with Seasonal Vegetables	Roast Chicken served with Roast Potatoes, Gravy and Seasonal Vegetables	Ham and Cheese Pizza Served with Dry Roasted Wedges and Seasonal Vegetables	Cod Fish Fingers Served with Chips, Peas, Baked Beans and Ketchup
VEGETARIAN	Vegetable Falafel Burger (V) Served with Potato Wedges and Seasonal Vegetables	Cheese and Baked Bean Puff (V) Served with Diced Potatoes and Seasonal Vegetables	Roast Quorn Fillet (V) Served with Roast Potatoes, Gravy and Seasonal Vegetables	Cheese and Tomato Pinwheel (V) Served with Dry Roasted Potato Wedges and Seasonal Vegetables	Vegetable Fingers (V) Served with Chips, Peas, Baked Beans and Ketchup
ON THE SIDE	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar	Selection of Sandwiches available Salad Bar
JACKET POTATO	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise	Jacket Potato topped with Cheese and Beans or tuna mayonnaise
DESSERT	Lemon Sponge Cake	Flapjack served with Fruit Slices	Strawberry Ice-cream	Chocolate Brownie	Fruity Friday